**Coaching A Leisure Activity PowerPoint**

Everyone is different in their own ways, and likewise everyone has different interests. For example, some people are talented academically, whereas others are gifted athletically, musically, or artistically. Just because a person possesses talents in one aspect of their life does not mean that they necessarily have to operate one-dimensionally. Hobbies and other interests complement our strengths and serve as an outlet for creativity and exploration. For this project, you will study a leisure activity of your life. Your chosen activity will be presented to the class using PowerPoint. Research should be conducted outside the classroom, however class time may be available to create your presentation. The project presentation is worth 100 points. The following criteria must be met for this presentation:

**1. Choose a leisure activity (back side).**

**2. State information for each of the following:**

**1. Title Slide** (6 Points)

- Include title, subtitle, and picture

**2. History** - Include a picture (12 Points)

- List five significant events or occurrences that led to the development of the activity

**3. Technical Aspect #1** - Include a picture (12 Points)

1. Identify one technique of your chosen activity

2. Identify five (dot-jots) methods to perform well at the activity (“how should it be taught”)

**4. Technical Aspect #2** - Include a picture (12 Points)

1. Identify one technique of your chosen activity

2. Identify five (dot-jots) methods to perform well at the activity (“how should it be taught”)

**5. Technical Aspect #3** - Include a picture (12 Points)

1. Identify one technique of your chosen activity

2. Identify five (dot-jots) methods to perform well at the activity (“how should it be taught”)

**6. Technical Aspect #4** - Include a picture (12 Points)

1. Identify one technique of your chosen activity

2. Identify five (dot-jots) methods to perform well at the activity (“how should it be taught”)

**7. Recommendations** - Include a picture (12 Points)

- List five (summary) recommendations to a person to enhance their performance on your activity

**8. Video Element** (15 Points)

: Play a video (1–5 minutes) relating to your chosen activity

: The video should not have swear words, “un-schoolable content”, or anything inappropriate

**9. Appearance** (10 Points)

: Based on organization, spelling, accuracy, and overall structure

: If you present, you get the points. If you do not present, you get zero points.

**Leisure Activity**

- ATV Riding

- Birdwatching

- Boating

- Bungee Jumping

- Camping

- Canoeing

- Canyoning

- Cross Country Skiing

- Downhill Skiing

- Fishing (Angling, Fly, Trotline)

- Hiking

- Hunting

- Ice Climbing

- Jetskiing

- Kayaking

- Landscape Photography

- Mountain Biking

- Mushroom Hunting

- Paintball

- Parasailing

- Rock Climbing (Rappelling)

- Sandboarding

- Scuba Diving

- Shooting (Rifle or Bow)

- Skating (Rollerblade or Ice)

- Skiing (Snow or Water)

- Skyrunning

- Snorkeling

- Snowboarding

- Snowshoeing

- Swimming

- Tree Climbing

- Trekking

- Waterskiing

- Whitewater Rafting

- Wildlife Safari