

# Guided Reading Activity 18-3

## Personal Relationships

For use with textbook pages 533-540

**Directions: Outlining** Locate the heading in your textbook. Then use the information under the heading to help you write each answer.

### I. Personal Relationships

#### A. Parent-Child Relationships

1. What did Erik Erikson believe about the influence of parent-child relationships upon later adult relationships? Trust caregiver = trust other people and be more receptive
2. What are the sources of parent-adolescent conflict? Parents in different generations than kids (different experiences)  
"I can't relate" ← How is this overcome?

#### B. Love Relationships

1. How important is love as it relates to marriage in our culture? Our culture equates marriage with love
2. What are the two basic kinds of love? (Hatfield)  
(1) Passionate love - intense, sensual, all-consuming, intense sex  
(2) Companionate love - friendship, liking, trust, wanting them
3. What are Zick Rubin's three components of romantic love?  
(1) Need (attachment) - a longing, desire, hunger, sickness  
(2) Caring (desire to give) - altruistic, very giving  
(3) Intimacy - "exposure of true self", vulnerability
4. What are the components of Robert Sternberg's triangular theory of love?  
(1) Intimacy (2) Passion (3) Commitment p. 539
5. What two principles tend to govern behavior leading to successful marriages?  
(1) Endogamy - marry within one's own social group  
(2) Homogamy - marry someone with similar attributes
6. What is "separation shock"? period of mourning following a divorce similar to death stages attraction - age physique
7. What can divorcing parents do to help their children adjust to the divorce?  
(1) Take special care to explain the divorce  
(2) Allow children to express feelings

Modeling + Conditioning

Parents: "I've lost control of them"

Which is worst? Love without marriage or marriage without love

"You seek and create love."

Similar: cultures, economic background, education, religion, parents happily married, happy children, good family relations

Why do people "grow apart"?

# Theories Of Love

## Two Basic Kinds Of Love - Elaine Hatfield (1988)

1. Passionate Love
  - very intense, sensual, all-consuming
  - feeling of excitement, intense sexuality
  - usually fades away
2. Companionate Love
  - friendship, liking, mutual trust
  - wanting to be with the person, more stable
  - commitment and intimacy

## Three Components Of Romantic Love - Zick Rubin (1973)

1. Need (Attachment)
  - strong desires to be touched, praised, cared for, fulfill, be fulfilled
  - a longing, hunger, desire to possess, sickness
2. Caring (Desire To Give)
  - very altruistic and giving
  - "To give is to love."
3. Intimacy
  - exposing your "true self"
  - vulnerability (may be positive or negative)

## Triangular Theory Of Love - Robert Sternberg (1986)

1. Intimacy
  - "true friendships"
2. Passion
  - "desires and obsessions"
3. Commitment
  - "long-term decision"

