

KEY

Guided Reading
Activity

4-1

Physical and Sexual
Development

For use with textbook pages 93-99

Directions: Outlining Locate the heading in your textbook. Then use the information under the heading to help you write each answer.

asynchrony - uneven growth of body parts

I. Physical and Sexual Development

A. Introduction

1. What is adolescence? period of transition from childhood to adulthood
2. In many cultures and societies, what marks the admission into adulthood? initiation rites / rites of passage

birthdays, graduations, weddings

B. Theories of Adolescence

1. How did G. Stanley Hall characterize adolescence? evolutionary transition from beast to human / time of "storm and stress"
2. What influenced Margaret Mead to disagree with Hall's view? studies of adolescence showed a time of enjoyment / culture played a role she said
3. List three of the developmental tasks that adolescents must master. 1. Accept physical makeup / 2. Develop peer relationships / 3. Emotional independence / 4. Develop ways to attain economic independence / 5. Select, prepare, enter vocation / 6. Develop cognitive skills for socialization / 7. Understand socially responsible behavior / 8. Prepare for marriage/family / 9. Acquire appropriate values

animal in a cage

causes

C. Physical Development

1. What biological event marks the end of childhood? puberty
 2. How do adolescents develop physically during this period? growth spurt = both
 3. How do individual growth differences affect an adolescent's personality? girls = breasts, hips fill out, pubic hair, menarche / boys = pubic hair, larger genitalia, broader build, deeper voice, facial hair
- Early-maturing boys = more self-confident and independent
 Early-maturing girls = feel embarrassed, bossy, date older boys
 Late-maturing girls = get along better with peers

D. Sexual Development

1. What behavioral changes accompany sexual maturation? attitudes about sex and gender roles and cultural expectations
2. What do studies indicate about the children of teenage mothers? tend to be teenage parents, do poorly in school, serve time in prison
3. What fears affect sexual behavior? pregnancy, STD's, AIDS

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