

Red Light; Green Light Activity

Read each statement and indicate in the space provided whether you think the statement is a myth or fact. Put an "M" if you think the statement is a myth and "F" for fact. After you are finished, the teacher will go through each statement. While reading through these statements, hold up the red light side of the stop light if it is a myth and green light side if it is a fact.

1. _____ "I am bigger so I can handle my liquor better than other people."
2. _____ Using alcohol and drugs and committing a DUI would affect just me, nobody else.
3. _____ Someone is injured in a drunk driving incident every 120 seconds.
4. _____ Drinking vinegar can produce a negative urine test.
5. _____ Teenagers are drinking and taking drugs now more than ever.
6. _____ Cold showers and coffee can sober up a drunk person.
7. _____ Alcohol is not a drug and is safer to use than real drugs.
8. _____ Between 50 to 75% of the people who have had their licenses revoked due to driving under the influence drive illegally without their license.
9. _____ On average, a drunk driver will drive 80 times under the influence before their first arrest.
10. _____ Young people are the ones who have a problem with alcohol.
11. _____ Sleeping it off or vomiting are normal after you've been drinking and are nothing to worry about.
12. _____ Misuse of prescription and over-the-counter drugs is less harmful than using other drugs like alcohol, marijuana, or cocaine.
13. _____ Traffic accidents are the leading cause of death for teens, and roughly 1/3 of these accidents involve alcohol or another substance.
14. _____ "I always stay away from the hard stuff. That's why I drink alcohol."
15. _____ Almost 7% of drivers, mostly under age 35, who were involved in fatal traffic crashes tested positive for THC, the principle ingredient in marijuana.

16. _____ Drugs other than alcohol (e.g., marijuana and cocaine) are involved in about 18% of motor vehicle driver deaths.
17. _____ Kids and teens who get involved with alcohol at a young age are 7 times more likely to be involved in an alcohol-related crash in their lives.
18. _____ More than 22% of drivers tested positive for illegal, prescription, or over-the-counter drugs in blood and/or oral fluid tests.
19. _____ "Once I roll down my car window, I am okay to drive."
20. _____ Alcohol is a stimulant.
21. _____ About 4,000 drivers are killed each year with drugs in their systems.
22. _____ For drivers under 21, the U.S. has a No Tolerance policy that does not allow any alcohol to be in the blood system while behind the wheel.
23. _____ More than a third of teens mistakenly believe they drive better under the influence of marijuana.
24. _____ Consuming breath mints before taking a breathalyzer test can help to absorb alcohol and produce a negative test.
25. _____ "I just drive slower after drinking to be a safe driver."
26. _____ Every 51 minutes in America, someone is killed in a drunk driving crash. That equates to 27 people every day.
27. _____ Since the early 1980s, alcohol-related traffic deaths per population have been cut in half with the greatest proportional declines among persons 16-20 years old.
28. _____ "All I have to do is splash my face with cold water to sober up."
29. _____ 57% of fatally injured drivers had alcohol and/or other drugs in their system – 17% had both.
30. _____ Over half of all drivers admitted to a level-1 trauma center for traffic crashes had drugs other than alcohol in their system; marijuana was present in nearly a quarter.