

Erik Erikson's Theory Of Psychosocial Development

Stage 1 : Trust Vs. Mistrust (Birth to 1 Year)

- Crisis : Will my needs be satisfied or is the world a threatening, uncaring place?
- Redemption : food, holding, cleaning

Stage 2 : Autonomy Vs. Shame (1 Year – 3 Years)

- Crisis : Can I do things myself or must I rely on others?
- Redemption : toilet training, dressing self

Stage 3 : Initiative Vs. Guilt (3 Years – 6 Years)

- Crisis : Am I good or bad?
- Redemption : positive vs. negative reinforcement

Stage 4 : Industry Vs. Inferiority (6 Years – 12 Years)

- Crisis : Am I as good as my peers or is everyone else better than I am?
- Redemption : group identification

Stage 5 : Identity Vs. Role Confusion (12 Years – 19 Years)

- Crisis : Who am I?
- Redemption : personal acceptance, personal identification

Stage 6 : Intimacy Vs. Isolation (19 Years – 25 Years)

- Crisis : Shall I share my life with someone or live alone?
- Redemption : personal / mutual acceptance, personal / mutual identification

Stage 7 : Generativity Vs. Stagnation (25 Years – 50 Years)

- Crisis : Am I enjoying life and making a contribution or am I in a "rut"?
- Redemption : overcoming reliving the past, divorce, untraditional students

Stage 8 : Ego Integrity Vs. Despair (50 Years – Onward)

- Crisis : Was my life a success or a failure?
- Redemption : rejoicing in the gift of life